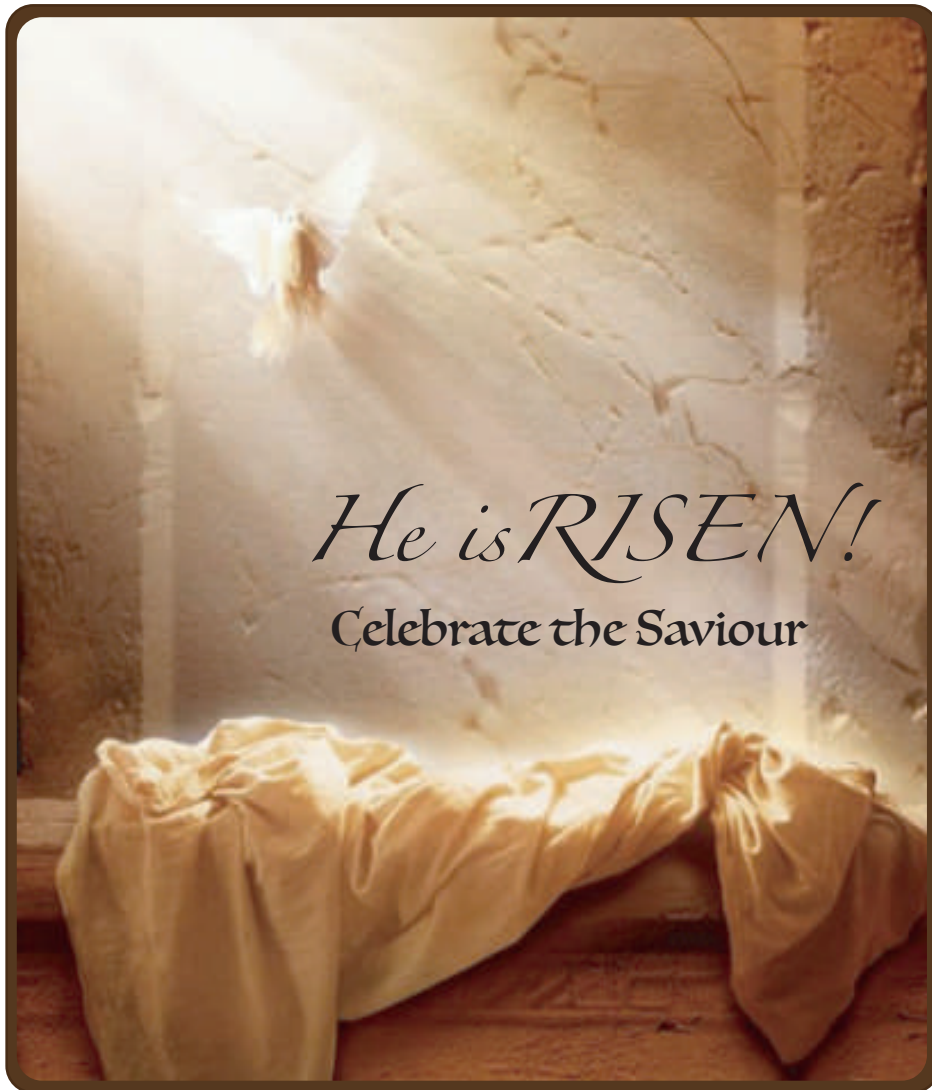




# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



*He is RISEN!*  
Celebrate the Saviour

## *Divine Mercy Prayer*

Eternal God,  
in whom mercy is endless  
and the treasury of  
compassion, inexhaustible,  
look upon us and increase  
Your mercy in us.  
That in difficult moments  
we might not despair nor  
become despondent,  
but with great confidence,  
submit ourselves to  
Your holy will,  
which is Love and Mercy  
itself.  
Amen.



### Thoughts of Blessed Francis Jordan

At this holy Easter time I wish you every happiness and blessing. May the dear God sustain you in his holy grace. May the Risen Saviour...fill you more with his Spirit.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church

### SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



### POPE FRANCIS' PRAYER INTENTION FOR March

*For The Martyrs of Our Day, Witnesses to Christ*  
Let us pray that those who risk their lives for the Gospel in various parts of the world might imbue the Church with their courage and missionary drive.

## MASS TIMES

### SACRED HEART CHURCH

1 Keenan Street, Mona Vale

#### WEEKDAY MASSES

Tuesday 9.30am  
*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8:30 am, followed by Mass*  
Wednesday 9.30am  
Thursday 7pm  
*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm*  
Friday 9.30am  
*First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am*

#### WEEKEND MASSES

Saturday Vigil 5.00pm  
Sunday 8.00am • 10.00am • 6.00pm (SOUL)

RECONCILIATION  
4.00pm to 4.30pm Saturday

Baptism  
4th Sunday - 11.30am

### MARIA REGINA CHURCH

7 Central Road, Avalon

#### WEEKDAY MASSES

Monday 8am  
Wednesday 8am  
Thursday 10am  
*9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am*  
Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

#### WEEKEND MASSES

Saturday Vigil 6.00pm  
Sunday 9.00am

RECONCILIATION  
Before Vigil Mass on Saturday  
BAPTISM  
3rd Sunday - 11.00am

## We Pray for

### Recently Deceased

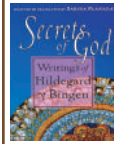
*Irma Brajkovich*

May Her Soul and the Souls of the Faithful Departed, Through the Mercy of God, Rest in Peace. Amen.

### Prayer for the Sick

Anna Śmigowska  
Jeff Langley  
Mark Linfiels  
Nick Moullakis  
Bill Eyre  
Brian Gregan  
Marcia Bailey  
Bec Burroughs  
Margaret De Landre  
Stefan Bayer  
Jenny Carroll  
Matt Ukishima  
Sean O'Sullivan  
Maureen Larios  
Denise Wagner  
Tom Murphy  
Leonie Ariemetto  
Marco Sangiacamo  
Sarah Paterson  
Elaine Boyes  
Pauline Chipman  
Brian Cranch

## BOOK REVIEW



### Secrets of God

Writings by Hildegard of Bingen

The fascinating book reveals the many talents of Hildegard. Her visionary writings include her understanding of music, poetry, medicine, science and cover a very wide selection. The index is extensive and the reader will have difficulty in choosing which chapter to read first.



### Project Compassion Easter Sunday Happy Easter from Caritas, Australia

Thank you for your continued support for Project Compassion, past, present and future. Together, we can help vulnerable communities face their challenges today and build a better tomorrow For All Future Generations.

*If you still have your Project Compassion box or set of envelopes at home, please bring them back to the Church or Parish Office.*

### Liturgy for the Week

- 01/04 Monday, within the Octave of Easter  
Acts 2:14, 22-33; Mt 28:8-15
- 02/04 Tuesday, within the Octave of Easter  
Acts 2:36-41; Jn 20:11-18
- 03/04 Wednesday, within the Octave of Easter  
Acts 3:1-10; Lk 24:13-35
- 04/04 Thursday, within the Octave of Easter  
Acts 3:11-26; Lk 24:35-48
- 05/04 Friday, within the Octave of Easter  
Acts 4:1-12; Jn 21:1-14
- 06/04 Saturday, within the Octave of Easter  
Acts 4:13-21; Mk 16:9-15

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Pittwater

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Use this App to support our Clergy through the first collection and our Parish through the second collection. Donations can be made weekly, fortnightly, monthly or one-off.

Thank you for your continued contributions and support. Your financial contributions and your generous donations throughout the year are greatly appreciated.

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App Store

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Google play



Daylight saving will  
end at 3am on  
SUNDAY,  
7 APRIL 2024  
when clock go back an hour



*He is Risen!*

It is a joyful and hope-filled occasion for all of us to celebrate life, that Christ is truly risen and alive.

In this Easter season, "let us look again at the lives we have been so generously given and let us fall away the useless baggage that we carry - old pain, old habits, old ways of seeing and feeling - and let us have the courage to begin again."

May you and all your loved ones be filled with happiness and the peace of the Risen Christ. Have a Blessed Easter!

**Fr Richard and Fr Zygmunt**



## Sacrament of Confirmation

**Maria Regina Church, Avalon**

**Saturday, 22 June 2024 at 6:00 pm**

or

**Sacred Heart Church, Mona Vale**

**Sunday, 23 June 2024**

**at 10:00 am and 12 noon**

*Children in Year 3 and above are eligible to receive the Sacrament of Confirmation if they have been baptised.*

*They should also be residing within*

*the Catholic Parish of Pittwater catchment area.*

For more information about the requirements, the preparation program, enrolments, etc., you **MUST ATTEND ONE** of the following

**Parent Information & Commitment Sessions**

which will take place at 7:30 pm:

Thursday, 2 May - Maria Regina Church, Avalon

Monday, 6 May - Sacred Heart Church, Mona Vale

If you have any questions, or would like

to become a facilitator of your child's preparation group please contact

Sonia at [sacraments@pittwaterparish.org](mailto:sacraments@pittwaterparish.org)

## Parish Directory

### **Pittwater Parish**

**1 Keenan Street Mona Vale  
NSW 2103  
Tel 9157 0999**

### **Parish Priest**

**Fr Richard Sadowski SDS**

Tel 9157 0999 ext 10  
[pp@pittwaterparish.org](mailto:pp@pittwaterparish.org)

### **Assistant Priest**

**Fr Zygmunt Smigowski SDS**

Tel 9157 0999 ext 12  
[ap@pittwaterparish.org](mailto:ap@pittwaterparish.org)

### **Parish Secretary**

**Belinda Cimino**

Tel 9157 0999 ext 30  
[office@pittwaterparish.org](mailto:office@pittwaterparish.org)

### **Administrative Assistant**

**Shereae Knight**

Tel 9157 0999 ext 30  
[office@pittwaterparish.org](mailto:office@pittwaterparish.org)

### **Director of Music**

**Josh Willard**

Tel 9157 0999 ext 17  
[music@pittwaterparish.org](mailto:music@pittwaterparish.org)

### **Media & Communications Coordinator**

**Conille Felias**

Tel 9157 0999 ext 31  
[media@pittwaterparish.org](mailto:media@pittwaterparish.org)

### **Sacramental Coordinator**

**Sonia Samartin**

Tel 9157 0999 ext 13  
[sacraments@pittwaterparish.org](mailto:sacraments@pittwaterparish.org)

### **CCD Catechist Coordinators**

**Maureen Wooldridge**

Mobile 0421 907 469

**Veronica Thomas**

Mobile 0417 061 534

**Sacred Heart Church**  
**1 Keenan Street Mona Vale**  
**Maria Regina Church**  
**7 Central Road Avalon**

### **MONA VALE**

**Sacred Heart School**

Tel 8197 6900

**Principal: Mr Jamie Wahab**

### **AVALON**

**Maria Regina School**

Tel 7256 2138

**Principal: Ms Kirsty Thorpe**

### **WARRIEWOOD**

**Mater Maria Catholic  
College**

Tel 7256 2100

**Principal: Mr Marc Reicher**

## Pastoral Discernment Northern Beaches

Bishop Anthony invites the community of the Northern Beaches to engage in a regional Pastoral Discernment Project. Our regional is a synodal process, a shared discernment about our Mission to bring the Good News of Jesus Christ to the world. Throughout this project, there will be many and varied opportunities for the community of the Northern Beaches to engage richly in conversation and to listen to diverse experiences of life from each other, as we journey forward together guided by the Holy Spirit.

*Want to find out more about the Northern Beaches project?*

Join us for an hour online Briefing Circle on 9 April.

At this online gathering, participants will learn more about the project and ways in which you can participate, you will also be provided with the opportunity to ask questions and share your hopes. There are two sessions, please choose ONE of the following options when registering:

Tuesday, 9 April at  
11am or 7pm

Register here:

Once you have registered, you will receive a follow-up email with the Zoom link for your chosen session.

For more information, please contact Patti Beattie at [PDNB@bbccatholic.org.au](mailto:PDNB@bbccatholic.org.au)



### POPE FRANCIS' EASTER MESSAGE

Dear brothers and sisters, For some time, you have daily been in my thoughts and prayers. Now, on the eve of this Easter that for you is so overshadowed by the Passion and, as yet, so little by the Resurrection, I feel the desire to write to you and to tell you how close you are to my heart.



Catholic Vocations Broken Bay  
Young Adult Event

# Encounter

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Most Rev Anthony Randazzo DD JCL  
Bishop of Broken Bay

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E: [vocations.ministry@bbccatholic.org.au](mailto:vocations.ministry@bbccatholic.org.au)



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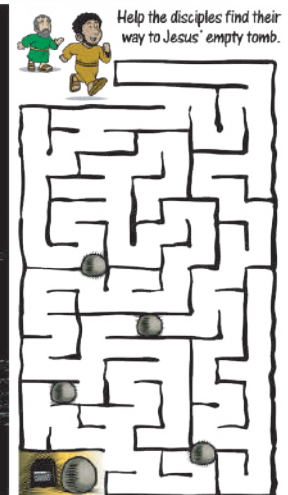
[HTTPS://HERO.PAGE/VOCATIONSMINISTRY/VOCATIONS-OFFICE-BROKEN-BAY](https://hero.page/vocationsministry/vocations-office-broken-bay)



## He is risen! Alleluia!

Easter Sunday of the Resurrection of the Lord

Mary Magdalene was the first to see the empty tomb. She ran to Jesus' disciples to tell them what she saw. Draw Mary looking into Jesus' empty tomb.



Help the disciples find their way to Jesus' empty tomb.

**This is the day the Lord has made. Let us rejoice!**

What can you do to make people glad today?

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Fill in the missing words below to find out what the letters in the boxes spell.

Mary M  went to the tomb.

"They have taken the  from the tomb", she said.

Peter was a d.  of Jesus.

The other disciple ran f.  than Peter.

He saw the strips of  cloth lying inside the tomb.

B  he did not go in.

When he saw  he believed.

The Scriptures s  Jesus would rise to life.



## Parish Bulletin Term 1, Week 8

Our Project Compassion fundraising initiatives concluded this week which included bake sales, and Easter egg jar competition, lunchtime movie in the Byrne Theatre and our inaugural and hilarious Teacher Ice-Bucket Challenge in the Amphitheatre. We are grateful for the compassion and generosity displayed by our Mater Maria community, embodying our five College values: Community, Justice, Hospitality, Spirituality, and Stewardship. For over 50 years, Project Compassion has raised essential funds for Caritas Australia, supporting communities affected by poverty and injustice globally.

On Holy Thursday, our students gathered in the Byrne Theatre for an Easter Liturgy. For our Easter Liturgy, we commemorate the events described in the Gospel of Palm Sunday. Palm Sunday is the start of Holy Week. Holy Week also includes the days of Holy Monday, Holy Tuesday, Holy Wednesday and Holy Thursday, (the Celebration of the Last Supper) Good Friday (The Lord's Passion,) Holy Saturday, and Easter Sunday (Resurrection Day). These are the most significant last days in the life of Jesus. The events of Palm Sunday, which we refer to as the 'Stations of the Cross' were beautifully dramatised and led by our drama and music students and commemorate Jesus's triumphant entry into Jerusalem in those last days before his arrest passion and death. Our Liturgy, then prepares us to welcome the gift of salvation for which we give thanks and which we celebrate on Easter Sunday morning.

Sport continues to play a pivotal role at the College for students with the Basketball competitions, the early morning Mater Maria Surfing Program and Broken Bay Rugby League Trials.

Applications for Year 7, 2026, and 2027 are currently being accepted, with a waitlist for students in Year 6 transitioning to Year 7, 2025, as well as all other year groups for 2024. Visit the College website at [www.matermaria.nsw.edu.au/enrolments](http://www.matermaria.nsw.edu.au/enrolments) for a prospectus, Enrolment Application form, or further information. Applications for Year 7, 2026, close on Friday, April 12, 2024.

"And he said to them, "Do not be alarmed. You seek Jesus of Nazareth, who was crucified. He has risen; he is not here."

— Mark 16:6



## The Divine Mercy Sunday

7 April

Sacred Heart Church,  
Mona Vale

at

3.00 pm

Exposition of the  
Blessed Sacrament,  
Adoration, Reconciliation,  
Benediction and  
The Divine Mercy Chaplet

## Novena

The Divine Mercy novena prayers were given to St Faustina through an apparition of our Lord Jesus.

Each day has a new petition that seeks God's mercy for different purposes.

The message of the Divine Mercy is a powerful and moving way to come closer to Christ. His Mercy is central to our lives and we must continually depend on it and ask for it daily.

The Divine Mercy Novena begins on Good Friday, and goes until Divine Mercy Sunday.

*You can join thousands of people in praying the novena this year!*

# THANK YOU

I would like to take this opportunity to thank our wonderful and dedicated musicians, singers, senior and junior servers, readers, computer operators and all involved in our Easter Celebrations.

Thank you to all our parishioners for your contributions and support throughout the year.

Your financial contributions in our Planned Giving Programme and your generous donations this year to the Pastoral Works Broken Bay are greatly appreciated.

I also wish to extend a warm welcome to any new parishioners to Pittwater Parish.

**Fr Richard Sadowski SDS**

# The *Living* Word

**Entrance Antiphon** Psalm 138:18,5-6

I have risen, and I am with you still,  
alleluia.  
You have laid your hand upon me,  
alleluia.  
Too wonderful for me, this knowledge,  
alleluia, alleluia.

## First Reading

Acts of the Apostles 10:34, 37-43  
**A reading from the Acts of the Apostles**

*We have eaten and drunk with him after his resurrection from the dead.*

Peter addressed Cornelius and his household: 'You must have heard about the recent happenings in Judaea; about Jesus of Nazareth and how he began in Galilee, after John had been preaching baptism. God had anointed him with the Holy Spirit and with power, and because God was with him, Jesus went about doing good and curing all who had fallen into the power of the devil. Now I, and those with me, can witness to everything he did throughout the countryside of Judaea and in Jerusalem itself: and also to the fact that they killed him by hanging him on a tree, yet three days afterwards God raised him to life and allowed him to be seen, not by the whole people but only by certain witnesses God had chosen beforehand. Now we are those witnesses – we have eaten and drunk with him after his resurrection from the dead – and he has ordered us to proclaim this to his people and to tell them that God has appointed him to judge everyone, alive or dead. It is to him that all the prophets bear this witness: that all who believe in Jesus will have their sins forgiven through his name.'

## The word of the Lord

### Responsorial Psalm

Ps 117:1-2, 16-17, 22-23. R. v.24

**(R.) This is the day the Lord has made; let us rejoice and be glad.**

Give thanks to the Lord for he is good, for his love has no end. Let the sons of Israel say: 'His love has no end.'**(R.)**

The Lord's right hand has triumphed; his right hand raised me up. I shall not die, I shall live and recount his deeds.  
**(R.)**

The stone which the builders rejected has become the corner stone. This is the work of the Lord, a marvel in our eyes.**(R.)**

**Second Reading** Colossians 3:1-4  
**A reading from the letter of St Paul to the Colossians**

*Look for the things that are in heaven, where Christ is.*

Since you have been brought back to true life with Christ, you must look for the things that are in heaven, where Christ is, sitting at God's right hand. Let your

thoughts be on heavenly things, not on the things that are on the earth, because you have died, and now the life you have is hidden with Christ in God. But when Christ is revealed – and he is your life – you too will be revealed in all your glory with him.

## The word of the Lord.

**Gospel Acclamation** 1 Corinthians 5:7-8

Alleluia, alleluia!

Christ has become our paschal sacrifice; let us feast with joy in the Lord.

Alleluia!

**Gospel** John 20:1-9  
**A reading from the holy Gospel according to John**

*The teaching of scripture is that he must rise from the dead.*

It was very early on the first day of the week and still dark, when Mary of Magdala came to the tomb. She saw that the stone had been moved away from the tomb and came running to Simon Peter and the other disciple, the one Jesus loved. 'They have taken the Lord out of the tomb' she said 'and we don't know where they have put him.' So Peter set out with the other disciple to go to the tomb. They ran together, but the other disciple, running faster than Peter, reached the tomb first; he bent down and saw the linen cloths lying on the ground, but did not go in. Simon Peter who was following now came up, went right into the tomb, saw the linen cloths on the ground, and also the cloth that had been over his head; this was not with the linen cloths but rolled up in a place by itself. Then the other disciple who had reached the tomb first also went in; he saw and he believed. Till this moment they had failed to understand the teaching of scripture, that he must rise from the dead.

## The Gospel of the Lord

### Communion Antiphon

1 Corinthians 5:7-8

Christ our Passover has been sacrificed, alleluia; therefore let us keep the feast with the unleavened bread of purity and truth, alleluia, alleluia.

## REFLECTION

by Dianne Bergant CSA

*Easter is the season of mystical catechesis, that instruction that unpacks the hidden mystery of the experience of the sacraments of initiation received or renewed at Easter. The readings of each Sunday concentrate on some aspect of this mystery. The central theme of this Sunday is newness of life in Christ. This newness is not without its historical*

*context. It burst forth first in the resurrection of Christ, and then through the preaching of the first Christians. The readings testify that if we die with Christ, we will appear with him in glory; if we cast out the old yeast, we will be fresh dough. And when this wondrous transformation takes place, everything is new; everything is fresh. To what newness are we called? To what must we die in order to rise transformed? What old yeast of corruption must be cast out in order that we might be fresh dough? At Easter we renew our baptismal vows. What is it that we really renounce? Ours is a world of violence, of prejudice, of indifference. Too often we harbour feelings of anger and resentment, of selfishness and disdain. Easter proclaims that Christ has died and has risen; with him we die to all of the wickedness in our lives and in our world, and we set our hearts on higher things, on sincerity and on truth.*

© Dianne Bergant CSA

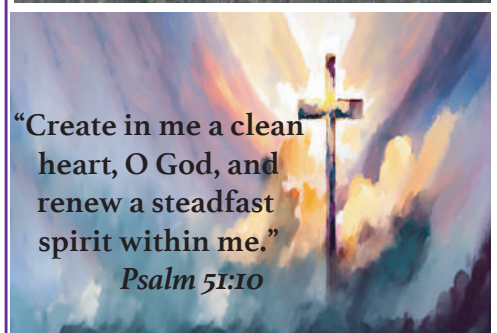


**PARISH MORNING TEA**

*Everyone is welcome to join us every month after the*

**8 am Mass on the 1st Sunday**  
and after the  
**10 am Mass on the 3rd Sunday**  
at the  
**Sacred Heart Parish Centre,**  
**Mona Vale**

**2nd & 4th Sunday**  
after the 9 am Mass  
in front of the  
**Maria Regina Church,**  
**Avalon**



**"Create in me a clean heart, O God, and renew a steadfast spirit within me."**  
**Psalm 51:10**

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BrainyQuote

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